

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	1 Cereal Fruit Milk	2 1 WG French Toast [E][G][S][C] (1.5 oz) ½ c Apple Slices ¾ c Milk [D]	3 1 WG Stuffed Mini Bagel [D][G][S][C] ½ c Pineapple ¾ c Milk [D]	4 Cereal Fruit Milk	5 1 Egg Biscuit [D][E][G][S] <i>(1 oz WG Biscuit/1oz Egg Patty)</i> ½ c Pears ¾ c Milk [D]
	LUNCH <u>Make Your Own Wrap</u> 1 oz Turkey (2 Slices) 2 Tbsp Hummus [SE] ½ oz Slider Cheddar Cheese [D] 1 WG Flour Tortilla (1 oz) [G][S] ½ c Spinach Salad w Italian [S][C] ¼ c Pears ¾ c Milk [D]	LUNCH 1 Chicken Patty [E][S][C] 1 WG Bun (1.8 oz) [G][S] ¼ c Three Bean Salad ¼ c Tropical Fruit Salad ¾ c Milk [D]	LUNCH 2 oz Meatloaf [D][G][T][S][C] 1 WG Corn Muffin (1 oz) [E][G][S][C] ¼ c Cheesy Mashed Potatoes [D] ¼ c Honeydew EHS Diced ¾ c Milk [D]	LUNCH <u>Asian</u> ¼ c Honey Glazed Chicken (1.5 oz meat) #16 [G][S] ¼ c Brown WG Rice (½ oz grain) ¼ c Broccoli w Ranch [D][E][G] ¼ c Mandarin Oranges ¾ c Milk [D]	LUNCH <u>Make Your Own Pizza</u> ½ WW English Muffin [D][G][S] 1 oz 2 TBSP Shredded Mozzarella Cheese [D] 1 oz String Cheese [D] ¼ c Marinara Sauce [T] (Hot) ½ c Spinach Salad w Italian [S][C] ¼ c Fresh Fruit Salad (Honeydew, Cantaloupe, Pineapple) ¾ c Milk [D]
BREAKFAST	8 Cereal Fruit Milk	9 1 WG Pancake [D][G][S][C] / Applesauce Topping 1 oz ½ c Pineapple ¾ c Milk [D]	10 1 Hardboiled Egg [E] 1 WG Biscuit [D][G][S] w PC Jelly [C] ½ c Honeydew ¾ c Milk [D]	11 Cereal Fruit Milk	12 ¼ c Scrambled Eggs [D][E][S] 1 WG Biscuit [D][G][S] ½ c Apricots . ¾ c Milk [D]
	LUNCH 2 oz Oven Fried Chicken Leg [G][S] 1 WG Wheat Roll [G][S][C] (1 oz) ¼ c Glazed Carrots [D][CN][S] ¼ c Apple Slices (2-3) ¾ c Milk [D]	LUNCH 2 oz CN Hamburger Patty [S][C] 1 WG Bun (1.8 oz) [G][S] ½ c Spinach Salad w Ranch [D][E][G] ¼ c Cantaloupe ¾ c Milk [D]	LUNCH <u>Make Your Own Joe</u> ½ c Bean Sloppy Joe (2 oz meat alternate) #8 [T][C] 1 WG Bun (1.8 oz) [G][S] ¼ c Cole Slaw [E][S][C] 2 Orange Wedges ¾ c Milk [D]	LUNCH ¾ c Beef Picadillo [T] ¼ c WG Rice (½ oz Grain) ¼ c Broccoli w Creamy Italian Dip [S][C] ¼ c Pears ¾ c Milk [D]	LUNCH 1 Cheese Manicotti [D][E][G][C] (2.75oz) w Tomato Basil [T] <i>1 ½ oz cheese 2 oz WG grain</i> ½ c Romaine Salad w Ranch [D][E][G] ¼ c Fresh Fruit Salad (Honeydew, Cantaloupe, Pineapple) ¾ c Milk [D]
BREAKFAST	15 Cereal Fruit Milk	16 ¼ c WG Oatmeal (0.7 oz) ½ c Peaches ¾ c Milk [D]	17 ½ WG Bagel [G][S][C] w Cream Cheese [D] ½ c Pears ¾ c Milk [D]	18 Cereal Fruit Milk	19 ¼ c Scrambled Eggs [D][E][S] 1 WG Biscuit [D][G][S] (1 oz) ½ c Melon Salad ¾ c Milk [D]

DAYCARE ALLERGENS
BREAKFAST & LUNCH- APRIL MENU

Dairy/Milk [M] Egg [E] Tomato [T] Gluten/Wheat [G] Soy [S] Corn [C] Fish [F] Sesame [SE] Cinnamon [CN] No Peanuts or Tree Nuts are used in these menus

LUNCH		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
LUNCH	<p>3 Meatballs(1.5 oz) [M][T][G][S] w Marinara Sauce [T]</p> <p>¼ c WG Penne (½ oz) [G]</p> <p>PC Parmesan Cheese [M]</p> <p>¼ c Baby Carrots w Veggie Dip [M]</p> <p>[E] [S]</p> <p>½ Apple</p> <p>¾ c Milk [M]</p>	<p>MONDAY 22</p> <p>Cereal</p> <p>Fruit</p> <p>Milk</p>		<p>TUESDAY 23</p> <p>2 French Toast Bites [M][E][G][S][C](1.02 oz)</p> <p>½ c Cantaloupe</p> <p>¾ c Milk [M]</p>		<p>WEDNESDAY 24</p> <p>2 oz Yogurt [M]</p> <p>1 Blueberry Mini Muffin 1 oz [E][G][S][C]</p> <p>½ c Tropical Fruit Salad</p> <p>¾ c Milk [M]</p>		<p>THURSDAY 25</p> <p>Cereal</p> <p>Fruit</p> <p>Milk</p>		<p>FRIDAY 26</p> <p>1 Cheese Omelet [M][E][S][C]</p> <p>1 WG Biscuit 1 oz [M][G][S]</p> <p>½ c Fresh Fruit Salad(Honeydew, Cantaloupe, Pineapple)</p> <p>¾ c Milk [M]</p>	
	<p>Mediterranean Cold Lunches</p> <p>¼ c Seasoned Chicken Strips (2 oz)</p> <p>½ WG Pita (1 oz) [G][S][M][E]</p> <p>1 Tbsp Hummus [SE]</p> <p>¼ c Petite Broccoli w Italian[S][C]</p> <p>¼ c Tropical Fruit Salad</p> <p>¾ c Milk [M]</p>	<p>Italian</p> <p>2 Chicken Tenders 2 oz [G][S][C]</p> <p>PC Marinara Sauce[T]</p> <p>1 WG Breadstick (1.2 oz) [G][S][M][E]</p> <p>¼ c Baby Carrots</p> <p>½ Apple</p> <p>¾ c Milk [M]</p>		<p>½ c Beef & Macaroni Pasta Bake #8 [G][T]</p> <p>• 2 oz beef, ¼ c WG noodles(1.3 oz)</p> <p>¼ c Broccoli w Ranch[M][E][G]</p> <p>¼ c Pineapple</p> <p>¾ c Milk [M]</p>		<p>2 oz Oven Fried Chicken Leg [G][S]</p> <p>1 oz WG Corn Muffin [E][G][S][C]</p> <p>¼ c Cole Slaw [E][S][C]</p> <p>¼ c Honeydew EHS Diced</p> <p>¾ c Milk [M]</p>		<p>Make Your Own Taco</p> <p>¼ c Beef Taco Meat (1.5 oz meat) [T]</p> <p>1 Tbsp Shredded Cheddar Cheese[M]</p> <p>1oz Hard WG Taco Shell [C]</p> <p>EHS 1 oz WG Tortilla [G][S]</p> <p>½ c Shredded Lettuce</p> <p>PC Salsa [T]</p> <p>½ Banana</p> <p>¾ c Milk [M]</p>		<p>Make Your Own Burrito</p> <p>¼ c Black Beans & 1/8 c Monterrey Cheese [M]</p> <p>1-6 in WW Tortilla (1 oz) [G][S]</p> <p>PC Mild Salsa [T]</p> <p>½ c Shredded Lettuce</p> <p>¼ c Pineapple</p> <p>¾ c Milk [M]</p>	
LUNCH	<p>3 oz WG Fish Fillet [M][G][C][F] (1.5 oz MMA)</p> <p>¼ c Bolivian Rice (½ oz Grain) [M]</p> <p>½ c Spinach Salad w Italian [S][C]</p> <p>¼ c Honeydew</p> <p>¾ c Milk [M]</p>	<p>MONDAY 29</p> <p>Cereal</p> <p>Fruit</p> <p>Milk</p>		<p>TUESDAY 30</p> <p>1 WG French Toast [E][G][S][C] (1.5 oz)</p> <p>½ c Apple Slices</p> <p>¾ c Milk [M]</p>		<p>WEDNESDAY 31</p> <p>1 Chicken Patty[G][S][C]</p> <p>1 WG Bun (1.8 oz) [G][S]</p> <p>¼ c Three Bean Salad</p> <p>¼ c Tropical Fruit Salad</p> <p>¾ c Milk [M]</p>		<p>THURSDAY 1</p> <p>1 oz Turkey (2 Slices)</p> <p>2 Tbsp Hummus [SE]</p> <p>½ oz Slider Cheddar Cheese[M]</p> <p>1 WG Flour Tortilla (1 oz) [G][S]</p> <p>½ c Spinach Salad w Italian[S][C]</p> <p>¼ c Pears</p> <p>¾ c Milk [M]</p>		<p>FRIDAY 2</p> <p>1 oz Turkey (2 Slices)</p> <p>2 Tbsp Hummus [SE]</p> <p>½ oz Slider Cheddar Cheese[M]</p> <p>1 WG Flour Tortilla (1 oz) [G][S]</p> <p>½ c Spinach Salad w Italian[S][C]</p> <p>¼ c Pears</p> <p>¾ c Milk [M]</p>	